





by Jonathan Stevens



Bread Poems Jonathan Stevens

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BOOK DESIGN: Lísa Carta

DEDICATION

This book is dedicated to my co-workers and to our customers.

May their indulgence be (almost/always) voluntary.







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THE BAKER BARLEYCORN

there's a ghost inside the wheat that grows hungry for the sky straining with his brothers all for the light that falls on high reaching up, past the clouds sun is the finishing post desire is the fire fueling the hungry ghost

there's a ghost inside the old grist mill hungry for the grain grinding off this mortal coil loose the seed again water turns the well-dressed wheels -then you can boast: I have made a flour with the power of the hungry ghost there's a ghost inside the mixing bowl hungry for the dough start with bubbling sour, pour it in just so borrow some water longing for the sea and salt stole from the coast busy hands making demands shaping the hungry ghost

there's a ghost inside the oven too hungry for the loaves with a mouth of brick and a tongue of fire eating in its stoves shroud of smoke, blessing of the mist preparing the host altar of offering, reborn hungry ghost

there's a ghost inside the baker now hungry for the bread haunted by missing words rising in his head clad in white, a dance with the peel buttering your toast trading loaves for love and food for the hungry ghost







COMBINE-NATION

kind-of-backward, running from my baking shift down to the farmer's in Easthampton. Harvesting the winter wheat today, down by the Manhan River. Bottomland—so bottom spots got flooded out this Spring.

combines combine a reaper and a thresher. This one's as old as I am—cost \$2000, with shipping—from somewhere in Upstate New York. Has a big steering wheel like a school bus, but a seat right off a tractor. Ron looks happy and confident up there. I jump on and it's a bumpy ride. The tines are twirling on their octagonal arms and the clippers are clipping the straw. Behind us the wheat berries are spat out of the auger into the hopper. This augers well.

you can tell it's organic farming, what with the proliferation of horsetail, not to mention daisies. Beautiful wildflowers—I guess we'll eat them. Overhead a hawk is circling, hoping we'll chase a rabbit out into the field. Two white moths fly unharmed through the rotating mouth of the machine. Ron shouts,

"This is pretty good! I thought the rain would never stop!"

my flour-covered shoes have gained a coating of chaff. After gobbling the acres, we shudder to a stop.

Can't stop running your hands through it. Picking out Japanese beetles. Biting down on a seed, it's pretty dry and hard. This is good.

Still moving backwards, we're pouring scoops into used flour bags. Paper's good for storage now. What's the name of this variety?

Zorro.











MAN WITH A SCYTHE

Do I look like Death to the overgrown grass? The motorized mower just chuckles. With swinging snath & wet whetstone the evening sharpens its sighing. A curved blade slices straight through the nascent field, converting this chaos into lawn. The quiet cutting heals the hot day, rain on the blades helps the metal to meet them. So horizon serrates the sunset, then put up your heavy hood and head home.

CANDLES AT BREAKFAST

candles at breakfast seemed so decadent at first, then a necessary prayer:

not of thanks, but
in hopes of a day worth giving thanks
for. The Anarchist Calendar stuck on
the fridge lets us know whose
death-day it is
—a hagiography for atheists—
and today is Jack Kerouac's turn

driving back from day-care drop-off, the radio news described water, flowing, on Jupiter's third moon —a sure sign of potential life, they say

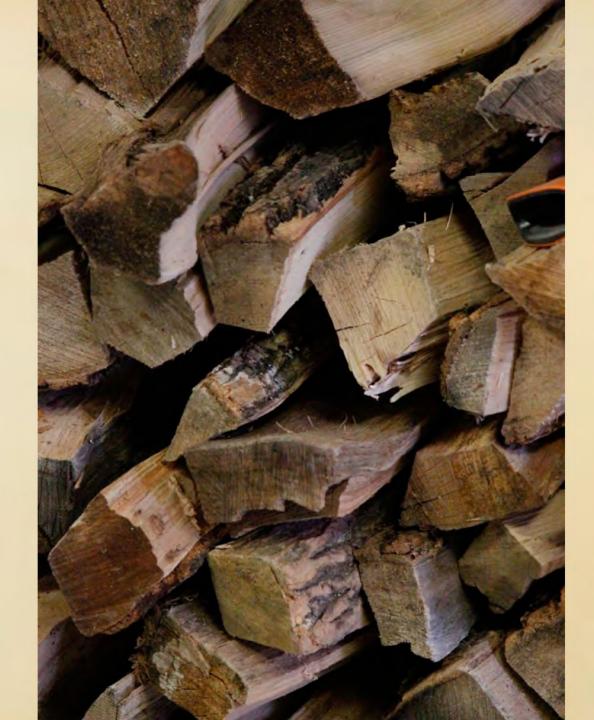
down here on Earth, I practice the baker's alchemy: tossing logs into my top-hat of an oven and pulling out fresh loaves a mere three hours later

this trick amazes no one

today, the baker would rather be bread than baking it, rather be news than battered by it

where is the radio astronomer to split & chop me, burn & bake me, slice & butter me to find those dim springs of primitive life forms? A candle at breakfast is my only transmitter.









SWIMMING THROUGH THE WOODPILE

Head down, hands in the broken orchard, my back to the shed that is empty as ebb tide. Tossing applewood behind me, chopped and split, rising like whitecaps on the pile. Reaching over to the right, then over to the left, racing the ruinous rain. Every third log or so hits the back wall with a bull's eye splash. Skin sweat and cloud spit trickle to a finish line. Splinters do their Aussie crawl. A knotted limb does its butterfly. By the end of this lap a fire can be lit, and this whole pool could be easily boiled away.

Trowel-handed, mason Lombardi builds a globe with cubes of clay. Vaulted, corbelled, buttressed and stepped, this square-edged model of the earth will be a vessel of fire, a cathedral of choralling heat. Apprenticed with the Cosmos (headstoned, now) and tutoring the splattered Queen, he says: "Mix the mortar like dog shit, Regina, that'll butt the bricks together til doomsday." Centered off a ceiling string, orbiting the plumb bob with stolen chunks of Mars Rock telling smoke where to rise Sand, holding heat so long it forgets its master, Light. That's when we can bake the bread. His secret handshake is with stone His conspiracy with mud, His physics ruled by level-Not a bad way to go, when you're stacking

the world back up for something solid to lean against.



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GETTING TO KNOW AN OVEN (thanks to Rich Joshua & Denis)

not her passions, but her structure and function letting her cool off for four days, damper and doors wide open thermometer unwinding like a clock running backwards with the fever gone, a body can be tended: clean-outs vacuumed without haste, no hoses melting raising the hearth up to clear out accumulated crumbs—like turning a toaster upside down

reaching in to pry at the cracks in the concrete...in 2 hours the baking stone is gone, peeled like a satisfying scab off a proud work wound then there's climbing in the 'cloaca,'
the firebox door just wide enough for
a busman's holiday, an Oliver-Twisting, Mary-Popping
baker-with-a-hazmat suit on
such as I. Amid the respirator and the goggles and the
headlamp up the ramp to the churchy nave where the
flames lick and heat the bread dough up
in heaven. Steve McQueen in the Great Escape had
to plough through dirt like this. Swimming dark through the ash,
pushing it behind me in a space too small
for shovels

"Refractory Castable": aren't we all? More dangerous as dust then mixed with water? Hoed into submission, mixed like mud and rushed to the *paisan* to trowel before it sets. Thirteen bags, it took, plus another 2 hours to fill and screed

Curing time—my sinuses could use the same. A day for the pour to weep and then we fire, gradually. Bringing her back to life, one degree at time, 'til she's ready to receive her loaves.



WRESTLING WITH FIRE

Everyday is Ash Wednesday with her: that smudge of sorrow on her brow. A junkie for embers, she is, with burn marks on her arms. So the chimney is the smoke's ladder and at its base she wrestles, like a true oven Jacobin pinning down the Angel of Heat. Fanning flames with pages torn from combustion theology, shepherding the logs with her lambing hook made of ringing copper. An alchemist, turning wood into bread with the blessing of a spark, forging the bellowed gospels into a baked piece of heaven.





THE GODDESS OF THE FIRE (THIS TIME)

She begins with the Business Section, crumpling the heads of corporations into their flammable numbers. She makes a pile of these. Then she becomes an architect of kindling, stacking the Lincoln Logs into a model of Atlanta that will soon suffer Sherman's March. Mill ends she weaves in, and doublesplit oak, setting the place for a feast of fire, the table and the meal one and the same. Born at the sulfur tip of May, she is herself a light green flame tossing off her Diamond matches to spark the world of trees. So, she speaks its language, and through her solar plexus: Black smoke is slander shimmering heat waves flatter her skill. Her brow and cheeks smeared with soot her asbestos hands conducting air to its place in the pyre. See her footprint in the ashes, see her fingers in the flames, feel her message in the heat.







GONE GARIBALDI

through the sunspot flare of a brick oven door, you tend the hot coals and the muscular pizza crusts. Armed with a peel taller than your father, front knee bent, back heel raised, face flushed with the mirage of a feast

"You'll get a temperament of a steelworker standing like that," she said, then lowered her Italian eyes to grate more cheese and complete her tricolor with tomatoes and basil:

this is a flag you dare not burn.



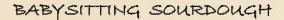












it befits a baker to
start New Year's with feeding
the starter—at home. This college
drop-out has homework to do:
don't kill the science
project. Is it amoeba or
volcano? Are these chemical bonds
resisting my spoon? It's slightly parental,
pouring in the tepid water, followed by some
pure white flour. But now this is definitely
child-like, breaking up the lumps
by hand, making mud cakes with
primordial ooze

a little later, scrubbing dough off knuckles
and wrists, this wheat-paste tacks a billboard
to my brain: that what we call "The Mother" is Glue-times-ten!
—binding us all together. Tongue to field to hand
to hand to hand to hand to
hand to hand
to hand
mouth

multiplying the architecture of the grain, no end to this endosperm lofting the crumb of all-us-kind. Sticky business, feeding people and their ghosts.



YANKOU GO HOME

as disoriented as a noontime fox on West Street, there we were, surrounded by a ceremony of Taiwanese Buddhists half-way through a whole-day chant our throats burning from the incense our stomachs growling at the sight of the food-heavy altar the dye from my son's Halloween hair staining my yawning chin we need your percussive compassion we need the ambrosia of awareness rebuild this mountain of ignorance with a few blessed grains of rice and then feed them to a rabid red head who is caught in the sudden headlight of the Sun.

("Yankou": literally, "burning mouth," Chinese name for hungry ghosts)

NOTES OF A NURSERY SCHOOL DROPOUT

Snakes:

White dough snakes I'd roll out every day on the tabletop of my un-imagination. Slithering invisibly through the Eden of edible creations: Lions, lambs, dragons, unicorns that the teacher would praise. I'd command my creature to speak, to tempt my Eve-less mind, to rise up and eat the others in the dark heat of the oven. But this yeast was not magic, and one gets tired of eating the same crusty reptile day after day after day: This was my genesis of expulsion from the Peaceable Kingdom pre-school. Now, when I uncoil in the morning and breathe life into my own little bakery, when I braid the strands of challah and weave diamondbacks of eggwash and poppy-I press rattle tail and tongue together and hide them underneath. Then seduce them onto the peel and into that steaming paradise. My loaves like me are late-blooming, graduating slowly from thin skin, still awaiting the tap of a heat-singed Hand.









RETRACTABLE BLADES (for Bobby & Hank)

I apprenticed with a sheetrocker, becoming a splattered butler. Ready—but waiting—with utility knife, screw gun, T-square, circle cutter or tape measure whenever the concentrating hand reached out. Tell a joke when it's needed—or shut up, or change the channel on the dusty boom box. Now I'm a master baker, the dust has turned to flour. I remember to say "please" and "thank you" to my apprentice, but I need them to anticipate more. The dough knife, the scale, the flour scoop, the peel: these are the tools that smooth out my plaster. Dough divides the rooms of these days up. I have enough French to fake the accent of two different trades. Thank you, my teachers, for marking the studs. I know where the loaves will lead me.

HEGEL'S BAGELS

yes, it's the w/hole that counts:

working the dough with flourdusted fingers, shaping the soft ring to crown a simple space of nothing at its center: like the pause-filled silence at the heart of a good bass solo. Jimmy Garrison, that musical baker, is waving a wand over the sound hole proving that half of taste is indeed texture

the teeth and tongue a team that plays all the edges against the middle and won't give up 'til they've broken through to the core of this question's apple

that is, what is more than a bread donut and cousin to a pretzel, soft sweet-ish but not sweet?

expropriate a gallon of New York's reservoirs, collectivize Montreal's allnight ovens. Seize the peels! Boil these commodities! Add a dash of Coltrane's Classic Quartet and voila, here is the edible circle, the self-swallowing serpent, the still-warm chewable conflict of dialectical materialism, plain.

JOHN COLTRANE

DELUXE



impulse!

5 CO CHANGER, Disc Ex-change S



ST DOMINIC'S PREVIEW

the Pope's loss is my gain, it seems: this old dough mixer pulled out of a boarded-up church (St-Dominic's) up on State Street in Portland. I imagine a 40-year apprenticeship making sacramental wafers and dinner buns for bingo night socials. Definitely a pagan machine, trade name Vulcan, biding its time 'til the old congregation dies off, the building de-consecrated, so it can find fulfillment in the oily-sweat work of ball-bearing muscled shoving around our super-slack dough. Only a half-mile from the hospital where our first-born popped, that belfry, and just blocks from where Grandmother Bridges sang in the Mikado, summer of 1926...

in view of the harbor, so the sea level and salt air have their particular influences on the outcome of the loaf. Oh, these little bits of sweet & sour, the unavoidable spores of places and people & the things they used, we'll toss it all in the 80 quart bowl, set-up the hook and throw her in first gear. That's how we get the rise and flavor. That, and putting on some Van Morrison while the air gets dusty.

DOUGH, SEE: DOUGH!

in the square dance of *facinage*, where the sawdust-dance hall is the flour-flecked bench top

and the scaled-out, turned-out hunks of dough

are folded in on themselves in gluten'd *plies*

then spun in wind-wheat *pirouettes*, placed in pavannes of basket formation

quadrilled onto pans in rows of pairs

to obey the unseen caller through refrigerator nights

to allemande left to your corner! in proof of being round-and-getting-rounder

of having no front or back, no corners, no dos to see at all

only baker's hands to choreograph us into structure and *Kazachstania Humilis* to promenade us there

FEEL FOR DOUGH

When you've got to bake your bread
When you've got to feed your head
would your axe be in the shed?
You know where to go...
Go and get a feel for dough

Tell the teller down at the bank
All that herb from the mint just stank
Coin and currency will tank
Get beyond that show...
Go and get a feel for dough

(bridge)
Knead what it knows
Know what is needs
Start with the starter and free what it feeds

So much more than female deer Think of it as solid beer Flour'd up from head to toe... Go and get a feel for dough

STEP/DAUGHTERS

They're part of the dowry she brought: girls whose shoes glide on our shop floor with its film of flour and cornmeal. Fluttering in through the bellhung door, shedding book bags and boas, polishing the movie dialogue in the sparkle of nose studs. The line dance starts then, if we've played the radio right. Stretching and folding their limbs like we do to the adolescent dough. Their gluten strong and extensible, their wild yeast blessing Vesta's hearth. Mother in her apron keeps the customers at bay, I turn up the dial. Now every loaf is a model of their oven-sprung hearts: dodging pan racks, vaulting bins, ducking under the diving peel all to the beat of a baker's lame. "First cut is the deepest," indeed. Virgins' heel & toe have kicked this place awake while scattered white tracks are already gone, and out the door.











we make our mud out of grass and rain and bubbly bacteria, anchored out of air

patty-cake, patty-cake: aprons all a-splatter

sticky hands, floured feet ghosts growing up from Roman ruins

when the kitchen weather turns hot and drowsy, while the magicked dough naps and grows

—that's when you stoke the sacrificial pyre: The altar in the chamber of Ceres' sacrament

this is a Transubstantiation Station, here! Demeter's dream deposits these loaves into hands that play out what others merely hunger to believe.







THE ANOINTED ONE

Her hands, like figure skaters, gliding one after the other on the smooth worn wood. A weekly chore (happily done) to scrub the altar free of dough, then reaching for the olive oil. Extra virgin, they all seem, the maiden on the label too. Flour streaks on apprentice cheeks: her white play war-paint. Even in Unitarian Sunday school they know that "Christ" is Greek for "Anointed One." Long before wine and even before bread, there was this sacrifice of sacred fruit. Better to bear the libation then to be it, don't you think, once-near-almost-daughter?

WAITING FOR THE DOUGH TO RISE (song Lyrics)

The grain-field's in a huge downpour Add some salt & knead some more Glue ten benches to the floor Wheat wishes to be wise Waiting for the dough to rise

Can you pick up on these crumbs? Sometimes slowly culture comes For mentation of our tongues Proof of such surprise Waiting for the dough to rise

Scales are scraped, Mother's fed Loaves are couched there in their beds Flour clouds around my head Boules will burst their sides Waiting for the dough to rise

Fire's banked & ashes swept Sifter sits & steam is set Reach for where the blades are kept Peel that hunger from your eyes Waiting for the dough to rise

We're all bastards in our way Little bits of dough like clay Heading for the heat they say Oven spring, and then it dies Waiting for the dough to rise









COUSIN JONATHAN SQUINTS SOUTHWARD

When September Sun crosses the crosswalk at State & Center and through my south-faced screen —I know it must be the 21st.

Dodging between turning maples, glancing off the deli's parking lot hugging the skirt of the therapist's mansard roof. She's way wide of Edward's brownstone church, his Great Awakening bells un-tolled his clock ticking off the unfading uses of Christian architecture.

No: this is keeping time, my Stonehenge light on the baker's table my little druidic pieces of dough shadowing this tiny wooden Salisbury Plain. Dawn angle of autumn light to leaven cooler morning's proof.

Equinox rolls are in the oven, ever so slightly lopsided orbiting near the flame's echo.

ASCENDING MT BAKER

on leaving Base Camp, the piles of empty flour bags were a bit of a disappointment: we edged them over a ravine

slippers snug, aprons gleaming, we trudged on. The wet dough fields were tricky, what with the spinning mixer arms and loose salt you didn't want in your eyes or cuts

reached the bench and rested 20 minutes, scrapped the scales off. Then finally the valley's oven came into view, peak after peak of caramelized ridges on into the distance

the snow at this altitude is very fine and powdery, slippery too, when wet

turns out Mt Baker's really an active volcano! Steam pours out of the summit's cone and fogs up our goggles. The view is ruined, though I think this lava may be edible, once it has gotten a chance to cool down.









HINDU TOAST W/BUTTER

the baker is a pair of lungs: he breathes in flour and breathes out dough. The wheat is oxygen, his loaves are CO2, his oven is a big brick belly pre-digesting bread for us.

Hindus have it right: this world is a sacred cow, a giant ruminant and we are passing through her stomachs now, transforming from grass into fertilizer, from food into food, chewing our own cuds and milking the moments.

DESCENDING MT BAKER

even Everest's top grows stale, the brain's bread knife dulling in high, thin air

brushing off those crumbs of climbing, laying cairns in the compost of overproofed and cavitated loaves

arm-scarred, emphysema'd, we switch-back at cliff-side crosses for Mallory and Poilane

broken peels get tossed on tomorrow's woodpile, sweepings baked into German pig bread

soak your hungry memories in water for an hour, then roll them down this hill

by the time you've sliced this adventure up, they will taste fresh enough.









THE LAST LINZERTORTE (for Susanne Naegele)

by the time we had bitten (into) it, you were already gone: as dusty as pastry flour now, that so often stuck to your skirt. A swan song crust, flown back from Valhalla, stolen from the dead. Susanne from Silesia, soldiers trample through the filling, leaving boot marks in your jam. Slicing some rye against your ample bosom, the knife pointing skinward: it scared not a few. Your eyelid chandeliers are sending smoke today, but your sweet little crumbs as yet unswept.

6I

THIS LOAF FOR PRESIDENT

this loaf does not boast this bread does not need a press secretary or a chief of staff

even at its Greatest, this bread will soon be eaten —or end up on the compost pile

This bread won't build walls, drop bombs, sell fighter jets or make secret deals with Russians

this bread cannot lie this bread will not exaggerate how many people it feeds

its list of ingredients is gratifyingly short

this bread will not play golf instead of waiting on your table

this bread is smarter than you think:
it will teach your tongue around the Fertile
Crescent
it will move your mouth with a song of
scythes
its crust will crunch like the furrow on a
miller's
brow

this bread believes—with gut feeling—in Universal Health

-a little like his stones

it gives a heel to chew on a crumb to sop up sorrows

never half-baked, never bromated fresh—but cool tune-in to a farmer's broadcast: what prairie populism meant

it must be time to re-invent what was once Commonweal









THE KID, UNSADDLED

when the baker scores his loaves, it's like a rancher branding calves. Out on the range, deep in the oven, it's hot, sometimes dusty and they're fattening up for the slaughter. Does it hurt them, this marking? I don't think so. I need to tell Bessie from Elsa, Rosemary from Spelt. Herding cattle in & out of the chute, riding the rodeo of wild fermentation: it's a cowboy's occupation. The campfire's always lit, the doggies always git, the songs make you sit and whistle. Steam from a distant iron horse, or a nearby coffee kettle. Grub for the welcome stranger. Nothing has changed, the frontier is near if you hold it there.

Fenceless vistas in this window, endless yodels over cookies, an aproned corral is OK with me.

TOLSTOY'S BREAD

what then must we chew? Peasant loaves. when good toast falls jam-side-down, eat it anyway. Share it with the bringers of gravity, though that be yourself know your own grain, scythe it yourself use your brain as a mixing bowl, a proofing basket, a wood-fired, ash-swept, steam-filled brick baking chamber tear into days with practiced teeth masticating thoughts swallow as slowly as a resigned Russian prince might do.







WHISKERED WHEAT

a grass domesticated us 10,000 years ago: we've been cutting down trees and breeding seeds to serve her ever since

Goddess Ceres is *all*, atop a pedestal of straw she conducts her catechumen, her votaries, her acolytes: we call them farmers, millers, bakers even

her acres cover half the earth, and we take communion three times a day (sometimes out of the toaster).

Some stray Egyptian cats chased the Granary mice straight into this cult. Then the awns attached themselves to a feline face and the temple guard was born keeping the vermin
out of the crop
is clearly a sacred service
—and that's why they're so revered.

And so this grain business keeps purring along, we're pets to masters subtler than ourselves. At least we're fed and kept company, and know the name of our Triticum church.



PERSEPHONE'S SONG

your father was a farmer a real charmer, and then alarm: he was a Greek god in disguise we planted wheat, it was so sweet, they felt the heat up there in the skies then you wed king of the dead, tears were shed oh, how I cried:

Persephone, stay with me until the season's turning and then I'll weep, I'll toss in sleep while you are with the dying...

picking flowers
with the others, oh my daughters
you were lost
earth opened wide
and there inside, Hades lied
your heart was tossed
but roots are growing
while it's snowing, the border's showing
it will be crossed

Persephone, stay with me until the season's turning and then I'll weep, I'll toss in sleep while you are with the dying...

spring is sad
when you've had a winter clad
in such sweet love
but I know
that you must go from down below
to up above
let it be said
of the dead, they give the bread
their bones are made of

Persephone, return to me when the season's burning til then I'll weep, I'll toss in sleep while you are with the living ...

BEING AND BECOMING (a baker)

Saccharomyces farming means culling the herd into a bowl of cold, clean water and some local wheat

fermenting the farm-milled flour

and feed the fire-stoked stove

brick-glowed nexus of wood and rain of salt and grain

you can call me
Alchemist

for the gold I hold right here inside these iron hands







BAKER

Chet blew bread-notes through a kneaded trumpet

smacked against the side of the mixing bowl

then scarred at the mouth of the gig

heat & steam are a helluva rhythm section, plus oven spring will give you "ears"

just sing when your loaf collapses, live your life on a wooden peel

let's get lost on the way to the toaster, crumbling in to some sweeter jam.







WHO WAS THAT ...?

the variety of wheat we use in this recipe is actually named "Zorro." It must have been the 26th in a series of breeding tests. Anyhow, we mix some its flour with starter and water and salt. Added some sage and cooked pumpkin for this one too-there was some extra hanging around. It'll be a flatbread, so there's no structure or shaping needed. Keep it loose, maybe add a little olive oil. When the dough's ripe enough to bake, flatten a hunk of it on a dusted peel. Form it into a circle: looks like a pancake, right? Now cut a mouth on it with your baker's blade. Suddenly, it's human & can speak. Cut eye slits and it is staring right at you. Like a pie-plate Rorschach, we behold exactly what it is we hold: our faces. Even tiny infants do this. Now spray a little water across the eyes and sprinkle on some poppy seeds, so that now he's got a mask, a black eye-mask just like Zorro in the movies. Throw him in the oven so he can fall like all wellheeled aristocrats. Serve him with his own serrated sword. Wash him down with Spanish wine—and please don't mistake him for the Lone Ranger.









KHEADING LOAFER'S GLORY

borrowing back a little land
from the sumac and poison ivy
—what is the history of agriculture after
all, but the breeding of one set of weeds
over another? Fishing broken bottles out
of the seasonal stream, dueling the wild rose
thorns with a friend's machete. Saved six wooden
pallets from the bonfire pile to build a compost bin. Uprooted
some strips of grass to plant its cousin rival, wheat. Under the grey
March sky, tickling the dirt to wake it up, we fumble with rakes, spades
and the wheelbarrow with a newly patched-up, pumped-up tire. A red-tail rises on
a thermal towards April and down below, without wings, we use the only tools we
have: Each other.

